



Nutrition & Ingredient

Apple Pastry Puffins®

Nutrition Facts	
12 servings per container	
Serving size	1 pastry (54.35g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol <5mg	2%
Sodium 120mg	5%
Total Carbohydrate 21g	8%
Dietary Fiber <1g	4%
Total Sugars 8g	
Includes 7g of Added Sugars	14%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 1mg	4%
Potassium 25mg	1%
* The % Daily Values (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2000 calories a day is used for general nutrition advice	

INGREDIENTS

Dough: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Palm, Soybean), Water, Butter, Salt, Sugar, Acid Salt, Ascorbic Acid.

Apple Filling: Water, Corn Syrup, Apples (Sodium Sulfite), High Fructose Corn Syrup, Modified Food Starch (Corn). Contains 2% or less of: Sugar, Cellulose Gum, Spices, Malic Acid, Salt, Preservatives (Sodium Benzoate, Potassium Sorbate), Agar.

Icing: Sugar, Water, Corn Syrup. Contains less than 2% of: Citric Acid, Color Added, Dextrose, Gums (Agar, Guar), Natural and Artificial Flavor, Pectin, Potassium Sorbate (Preservative), Salt, Stearic Acid.

ALLERGEN INFORMATION

CONTAINS WHEAT AND MILK.

MANUFACTURED ON EQUIPMENT THAT PRODUCES PASTRIES CONTAINING EGG, SOY, PEANUTS, AND TREE NUTS.

SHELF LIFE

Provides 180 days of satisfactory performance when stored in a sealed package and maintained at -10° F.